

La Femme

B E A U T Y + S K I N

Welcome



At La Femme, our aim is to offer the latest and best Beauty Treatments innovations delivered by fully trained experts.

If you're browsing for a pick-me-up treat, or know exactly what you are looking for, we're certain you will find something in our exclusive range of treatments that will help you look and feel fabulous.

Any combination of treatments can be combined into a tailor-made 'pamper package'.

If you have any questions about our treatments, or would like to discuss which treatment is most suitable for you, please don't hesitate to contact us.

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AlumierMD Skin Treatments

Customised Protocols

Are you looking for a brighter, clearer more youthful complexion? Do you want to feel even more confident and powerful in your own skin?

Chemical peels might just be your new best friend. Reach your skin goals.



AlumierMD medical-grade chemical peels are the next generation of clinical-strength, chemical exfoliation.

With a varied portfolio of chemical peels, each with a unique blend of specialised ingredients, AlumierMD offers a range of hyper-customised protocols to suit your unique skin and help you reach your skin goals.



Level 1

60mins: £70

This is ideal for someone who is new to facials, starting on their AlumierMD journey or is wanting a quick rejuvenating freshen up. Includes bespoke Dermalux LED therapy.

Level 2

60mins: £85

This is for anyone who is ready for a chemical peel. Using either Lactic acid (AHA) which is perfect for skin rejuvenation and discolouration or a combination of Lactic acid (AHA) and Salicylic acid (BHA) which is perfect for congested skin. This treatment also includes Dermalux LED therapy.

Includes Post Procedure Kit

Level 3

60mins: £110

This is ideal for those who are wanting to take their treatment beyond a chemical peel. The initial part of the treatment focuses on creating a perfect canvas to get maximum benefits from your selected peel for your concerns. This treatment also includes Dermalux LED therapy.

Includes Post Procedure Kit

Level 4

60mins: £140

The ultimate top tier of facials! This treatment is for people who are serious about results and dedicated to skincare. It is advised that you build up to this type of treatment. Includes Dermalux LED therapy.

Includes Post Procedure Kit

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Dermaplane

Ultimate Dermaplane

One of the most popular facials on the market Working your skin from the outside in, this treatment has been designed to deeply exfoliate dead skin cells and remove facial vellus hair, polish the skin, flush toxins, increase and stimulate our natural collagen and cell turnover.

Provides deeper product penetration Removes soft facial hair that traps dirt and oils. Promotes smoother skin Safe procedure for removing dead skin cells "peach fuzz" facial hair Reduces the appearance of acne scars. Diminishes the look of fine lines. Works on all skin types. Instant results and no downtime.

Dermaplane Express Facial

30 mins: £42

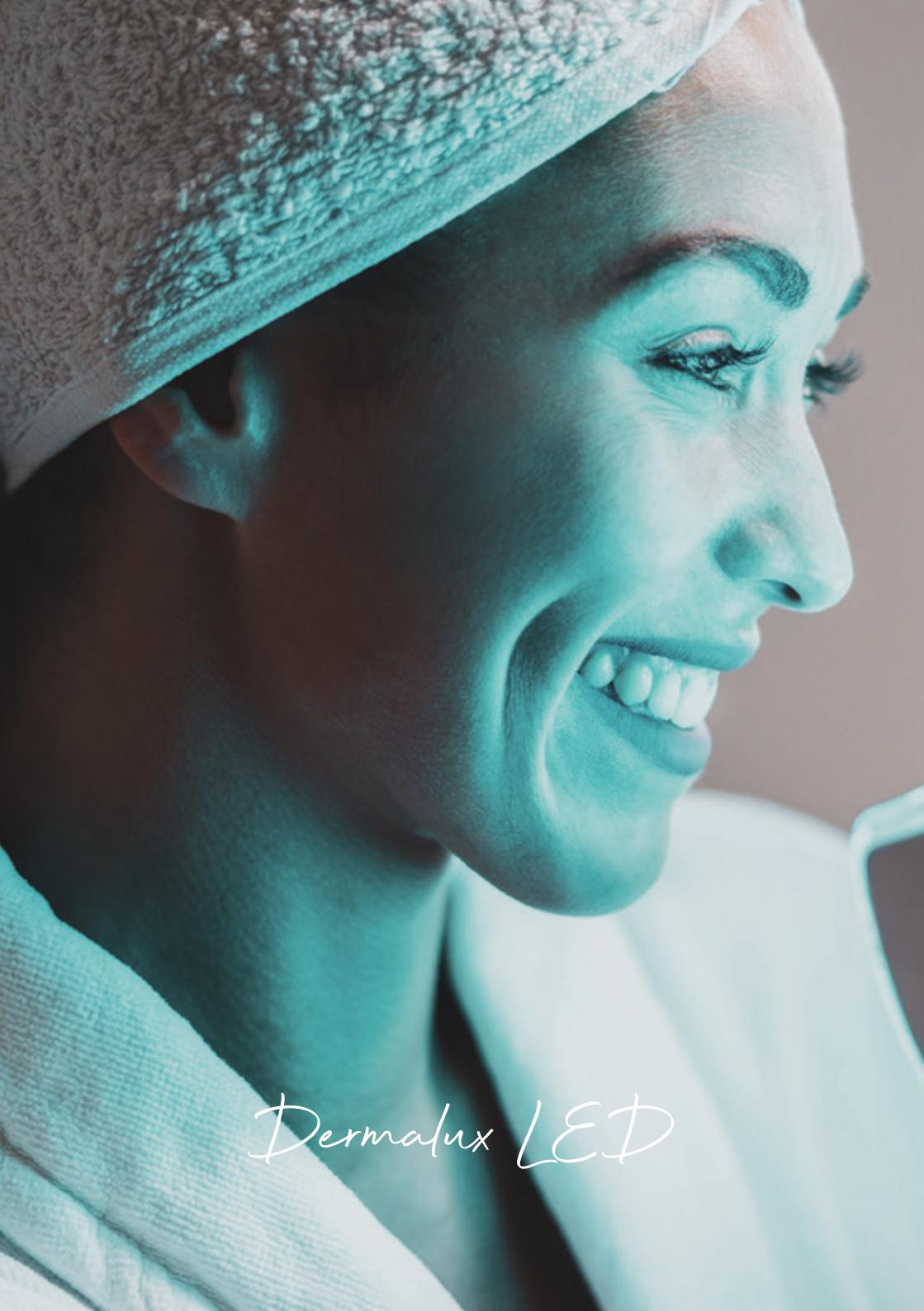
A perfect 'Lunch time treatment.' This treatment includes a thorough cleanse, dermaplane exfoliation and treatment serums applied.

Dermaplane Ultimate Facial

60 mins: £57

This 60 minute treatment includes a thorough cleanse, dermaplane exfoliation, Dermalux LED light therapy and bespoke serums to suit the clients needs.

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Dermalux LED

Dermalux LED Facial

45mins: £52

Course of 6: £260

Multi award-winning Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime.

The Dermalux treatment is a relaxing, pain free experience with proven mood enhancing effects. Enjoy some luxury me-time as your skin absorbs the energising light to kick start cell regeneration and restore radiance.

Each light treatment lasts for 30 minutes and with no downtime, you can simply get up and glow! As the light triggers a whole cascade of skin enhancing processes, the visible benefits continue even after the treatment has finished.

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SkinPen Microneedling



SkinPen Microneedling

Single Treatment: £180

Course of 3: £490

Course of 6: £900

Reveal smooth, healthy, clear, youthful skin that glows from within.
When it comes to beautiful skin the smallest things can make the biggest difference.
In as few as three treatments, SkinPen Precision can improve your complexion to
improve the appearance of fine lines/wrinkles on the face and neck.

It has also been proven to reduce the appearance of acne scars
and hyperpigmentation; i.e. age/sun spots and melasma.

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Hand and Foot

ELIM Mediheel

Elim is an advanced medical grade pedicure treatment which uses state-of-the-art ingredients to remove hard skin, cracked heels and calluses from the feet whilst offering the relaxation of your usual pedicure.

Mediheel is a fully restorative therapy for compromised feet and is so effective that you will see results after just one treatment. It's like a full facial for the feet and the perfect pedicure treatment for keeping your feet fit and healthy.

Elim Mediheel Pedicure

60mins £36 / 75mins £43

No Polish / Gel Polish

Experience a new standard in pedicure services. The Elim Mediheel Pedicure includes Elim products to soak, exfoliate and smooth calloused feet. The service is completed with a regimen of massage and acupressure techniques to reduce stress and relieve tension.

Soak off Removal

30mins £10

Proper soak-off, wrap technique for safe and effective removal of OPI Gel Colour. Prepares nails for your next desired service. No charge for removal if re-applying OPI Gel Colour.

Express Gel Manicure

30mins: £24

In a rush, but still need a quick way to de-stress? Includes detailed cuticle work and application of The Gel Bottle INC Polish

Signature Gel Manicure

45mins: £28

Includes detailed cuticle work, hand and arm exfoliation, massage and application of The Gel Bottle INC polish

Express Gel Pedicure

30mins: £23

Includes detailed cuticle work, hand and arm exfoliation, massage and application of The Gel Bottle INC Polish

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Sculptured Nails



Full Set Nails: £36

Full Set Nails with Gel Polish: £39

Full Set Ombré : £40

Infill/Backfill: £26

Infill/Backfill with Gel Polish: £29

Single Nail: £4

Nail art: from £1.50

Builder in a Bottle

BIAB Natural Overlay: £29

BIAB Overlay with Gel Polish: £34

BIAB Infills: £24

BIAB Infills with Gel Polish: £29

Removal of Acrylics/BIAB (includes mini manicure): £25

Please note that if you have 5 or more breakages
you will be charged for a full set

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Brows

HD Brows

45mins: £26

HD brows is a branded Brow shaping treatments that can transform the most over plucked brows into its perfect shape.

Whoever you are, whatever the state of your eyebrows, HD Brows puts celebrity beauty within your reach.

Based on the ancient art of 'threading', the treatment consists of seven unique procedures that are performed by highly trained and skilled HD Brows stylists.

This isn't just shaping and tidying – HD Brows is eyebrow artistry.

*PATCH TEST required at least 48 hours before treatment

HD Brows BrowSculpt

60mins: £40

Brow Sculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our BrowSculpt brow lamination treatment is for you. This corrective treatment helps you to achieve your desired position for up to 6 weeks.

*PATCH TEST required at least 48 hours before treatment

HD Brows Express

15mins: £18.50

A Tint and Wax/Thread using the HD Brows products and skills.

Add a lash tint for £27.50

*PATCH TEST required at least 48 hours before treatment



Lashes and Tinting

LVL Lashes

The stunning alternative to eyelash extensions! No adhesive or lash extensions used and no mascara needed! LVL Lashes uses a new silicon shield to lift the eyelashes from the roots.

This leading gel formulation is a great stand alone treatment, or can be added on to run alongside your lash extension treatments for double the flutter power!

Lvl Lashes

60mins £46

Lvl Lashes No Tint

45mins £42

Lvl Lashes Upper and lower

60mins £56

*PATCH TEST required at least 48 hours before treatment

Tinting

Eyebrow Tint £7

Eyelash Tint £11

Eyelash and Eyebrow Tint £16

*PATCH TEST required at least 48 hours before treatment

Lash Extensions

Semi-permanent individual lashes are applied to the natural lashes to create extension & volume. A re-visit is required every 1-3 week to maintain and look after your own lashes

Full Set Classic Lashes

90mins £52

Full Set Flat Lashes

90mins £56

Lash Fill

1-2 weeks 30mins £22

2-3 weeks 45mins £26/£32

After 3 weeks the full price will be charged.

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Hair Removal

Perron Rigot Wax has turned waxing into a premier beauty treatment and their non-strip wax (hot wax) is highly recommended for the more sensitive and intimate parts of the body.

Although the non-strip wax is known as "hot wax" it actually is only warmed on a low heat until it becomes creamy in texture. It then 'shrink-wraps' around the hair, resulting in an easier and more comfortable removal and causing little, if any skin irritation.

½ leg: from £18
Full Leg: from £28
Full leg (including bikini line) from £36
Bikini: from £13
Underarm: from £9
Lip: from £7
Chin: from £7
Lip and chin: from £12
Forearm: from £16
Chest wax: from £22
Back wax: from £22
Eyebrow: from £9

Brazilian and Hollywood Waxing
Both of these waxes are carried out by therapists who are fully trained in advanced waxing.

For Brazilian and Hollywood waxing, a wax which is specially designed for sensitive areas is applied. Additionally, an oil is applied to the skin prior to waxing to ensure that the wax only adheres to the hair and not the skin.

This technique of waxing has the added benefit of removing short hairs to make the result last longer. A Brazilian wax leaves a natural central strip of hair where a Hollywood completely removes all the hair. The initial treatment may take approx. 45mins.

First treatment: £32
Maintenance treatments
Every 4-6 weeks: £26

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Sienna X Spray Tan



Sienna X is the leading professional sunless tanning brand, it provides a gorgeous, natural looking Spray Tan with a range of tanning solutions to suit every skin tone.

How does it work

Dihydroxyacetone (DHA) is a sugar solution and the active ingredient that reacts with the amino acids in the outer layer of the skin to produce a golden brown colour when it is sprayed onto your skin. The guide colour will then be washed off 8-10 hours later to reveal your actual tan. It will last around 7 days depending on your skin and skin care regime. It can be prolonged by moisturising daily with Sienna X Radiance Body Balm and using Sienna X gradual glowing self tan, Dark glowing self tan, Mousse or Tanning Mist can top up your tan after a few days.

Before Your Spray Tan

Exfoliate regularly especially the night before your Spray tan. Wax/Shave at least 24 hours before, if not longer. Do not moisturise or use deodorant or perfume on the day of your Spray tan. Wear loose dark clothing after your tan. If you have sensitive skin it is advisable to have a patch test.

After your Spray Tan

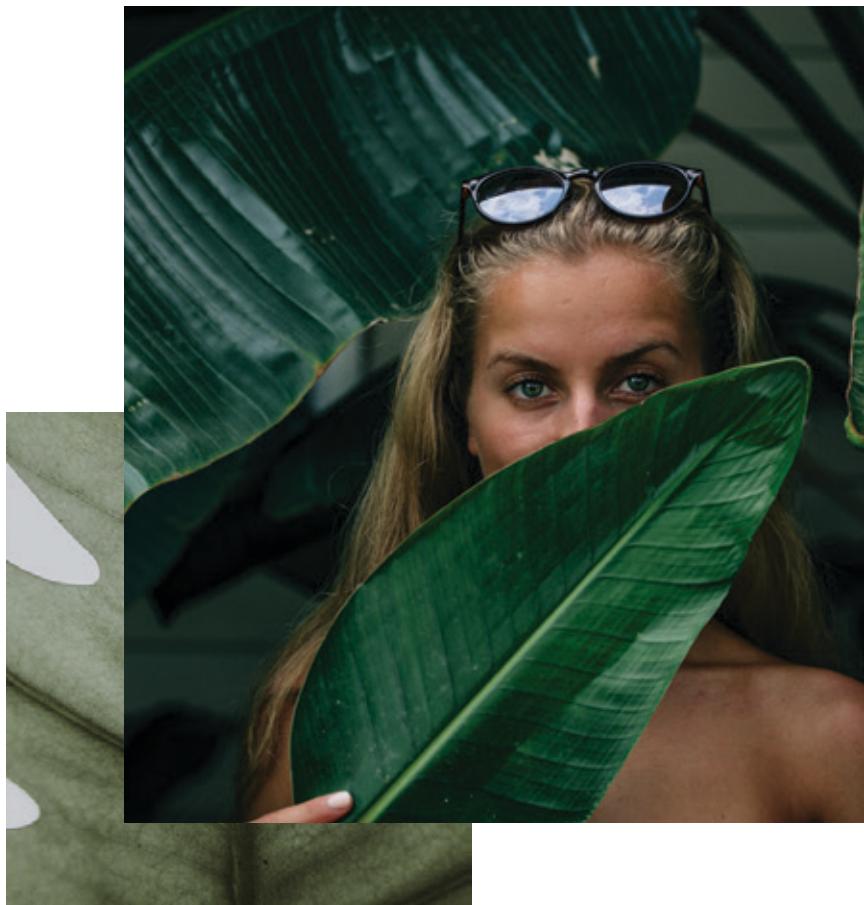
Leave the tan to develop for at least 8-10 hours. Avoid exercise or getting wet in the development time. Long baths or going swimming will fade your tan quicker. Moisturise daily to prolong your tan. Hands and face fade sooner, but you can top up with tanning products. Exfoliate after 4-5 days to encourage even fading.

Classic Spray Tan £22

Express Spray Tan £26

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Extras



Gift Voucher

Treat a friend or someone special to a gift voucher. Gift vouchers are valid for 6 months from the date of purchase and are non refundable.

Pamper Packages

We will tailor-make a package for yourself or as a gift for the ultimate in pampering and relaxation. Prices vary, please ask for details.

Treatment Courses

If you book any courses of treatments they must all be used within 6 months of purchase. Unfortunately we cannot offer any refunds on courses of treatments.

Time is Precious, We Respect yours
We ask you to Please Respect ours.

Missed and cancelled appointments will incur a cancellation fee of the full price of the treatment if cancelled 24 hours and under.
Thank you.

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